

## Academic Coaching

Written by OmarEjaz

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Welcome to AGS's evening coaching program. We look forward to working together with you and your child and helping him achieve the results he deserves, be it academically or in life. This information is designed to help you understand the nature of our service and how to get the most from our partnership.

### **Professor Omar Ejaz Advocate**

Head of AGS Evening Coaching Program

What does an AGS Evening Coaching Program do?

The *AGS Evening Coaching Program* focuses on 2 areas of Coaching, namely Life- Coaching and Academic Coaching. The relationship between your child and we are not the conventional Classroom teachers - student relationship, but mentor - mentee and friend - friend relationship.

#### - **\*Getting Started Program – Motivation from within**

Having the results you desire starts with gaining clarity on your values, enabling more meaningful choices and consistent action. In this 1-day Getting Started Program, we will put your child in a reflective mode, helping him uncover his core values and useful beliefs that can help him excel in his studies. By doing so, we seek to get him started towards the achievement of his Goals.

\*Depends on availability of program.

#### - **Follow Up Program – Sustained Motivation**

The Follow up Program seeks to sustain the energy and enthusiasm that your child had accumulated in Getting Started Program. Besides the weekly coaching session, we will have online mentorship. The Follow Up Program consists of the following:

#### - **Academic Coaching**

Through weekly coaching sessions (usually 3 hours/week), we will impart learning strategies to help your child excel in their various subjects. Our academic coaching is anchored on the S<sup>3</sup> Strategy.

### - **One Page strong Concept Summary**

“So much to study...”

“Cannot remember so many formulas and concepts...”

It's not unusual to hear the above comments from students today. That is exactly why we came up with the one-page concept summary – to show them that every chapter or topic can be summarized into Key Concepts, Main Types of Questions, and Application Strategies, in just one page! In fact these are all they need to know in order to score in examinations! More importantly, it is compulsory for our students to reproduce the one-page concept summary themselves.

### - **Strong Strategy Formation and Linking**

There are 3 levels of problem-solving: Strategy, Tactics and Tools. Coupled with other important strategies in problem solving, we want to drill our students to keep linking to the One Page Concept Summary, which consists of the tactics and tools required for the particular topic. This is extremely useful for students to get organized and score in examinations!

### - **Strong Drilling - Perfect Practice**

Practice does not always make perfect. In fact, we believe in 'Perfect Practice makes Better'. Many students today keep practicing and practicing, yet could not achieve the results they want, only to find out that they have been practicing to perfect the mistake they made.

As an teacher, it is our responsibility to make sure that every effort made to learning is an effective one.

### - **Mapping of Thought Process**

This is one of the most powerful proven techniques. Instead of just solving questions that students have difficulties in answering, we lead them through my thought and analytical process. Your child will be able to solve a large variety of questions in any subject, once successfully mapping my thought process.

### - **Focus is strenght - Independent Learning**

Our objective is to cultivate and enhance independent learning in our students. This is where tracking and discipline, together with goal setting and time management, comes into play.

### - Life Coaching

Life Coaching is quickly becoming one of the leading tools that successful people use to live extraordinary lives. Understanding that parents today are mostly working and hardly have any time for their children, students when met with personal challenges, can approach me for advice. Through the weekly coaching sessions, your child identifies what is most important to him and aligns his thoughts, words, and actions, accordingly. Techniques on Goal Setting and Time management will be taught to your child, not only for academic purposes, but for life.

### Contact Details For Registration of Test in Pakistan



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Timing: 2pm to 4pm Monday-Friday (by appointment only)

If you are keen to set up a non-obligational consultation or sign up for our academic coaching program, please [JOIN TODAY](#) .